

## Would you choose to brush your teeth or comb your hair first in the morning?



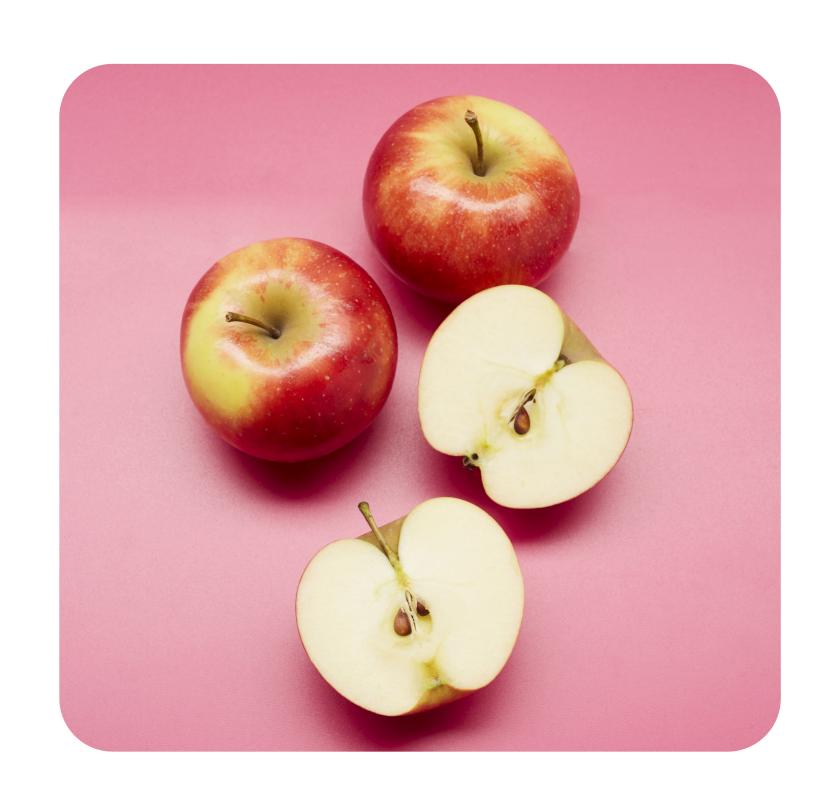


### Would you choose to go for a bike ride or read a book after school?





# Would you choose a banana or an apple for a snack?



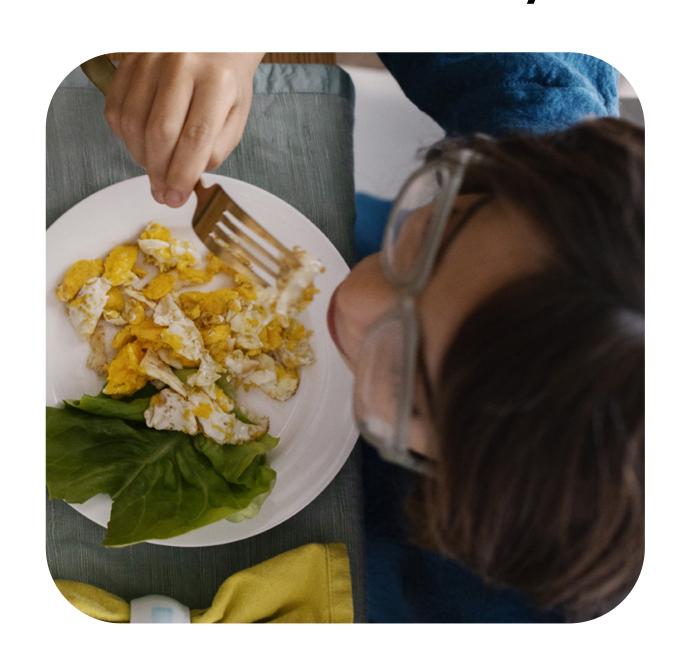


#### Your Daily Choices

Each day you make many choices like . . .



... what to wear.



... what to eat for breakfast.



... what to do at recess.

#### Your Daily Choices

Think about the choices you make each day.



What choices do you make when you get dressed in the morning?



What choices do you make at mealtime?

### My Choices

Use this handout to discover several different choices that you make everyday.



Draw your choices in a notebook or on the handout.



