

# Do you brush your teeth with a toothbrush or a jellyfish?





## Do you wear shoes or watermelons on your feet?





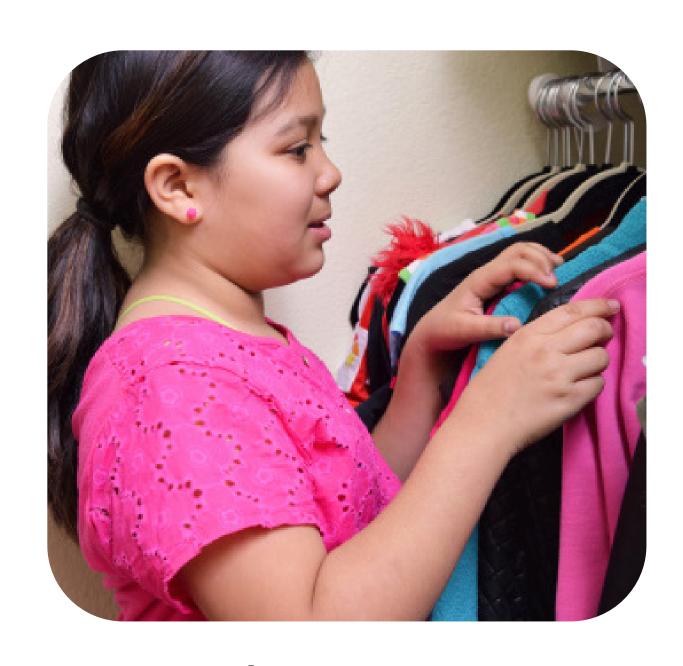
#### Do you ride a whale or a bus to school?



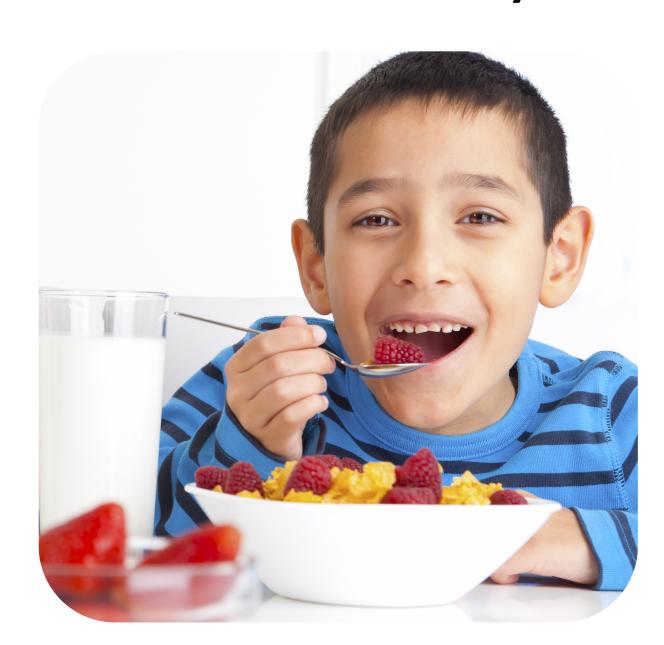


#### Your Daily Choices

Each day you make many choices, like . . .



... what to wear.



... what to eat for breakfast.



... what to do at recess.

#### Your Daily Choices

Think about the choices you make each day.



What choices do you make when you get dressed in the morning?



What choices do you make at mealtime?

### Today's Choices

Tell a friend what choices you will make after school. Say, "I will . . " then tell about your choices.



Draw your choices in a notebook or on the handout.

١	Name
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	Choices  Show three choices you will make after school today.  Put a ✓ next to your healthy choices.
	I will
	I will
	I will
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