

Name \_\_\_\_\_



# Get to Know Me

You make choices all day long. Answer each question by writing or drawing your favorite choices!

**A Picture of Me:**



**Favorite Breakfast Choice:**

**Favorite Snack Choice:**



**Favorite Activity to Help Me Feel Calm:**



**Favorite Way to Relax Without a Screen:**

**Favorite Way to Move My Body:**



**Favorite Activity to Do Before Bed:**

