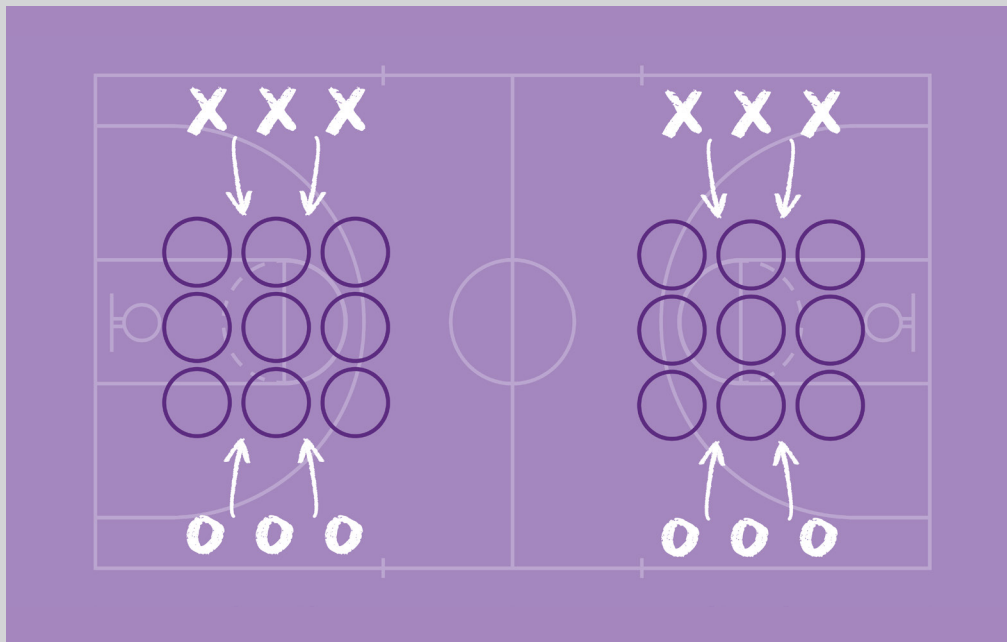


KIND-TAC-TOE



GAME SET UP:



PE STANDARDS:

- Standard 1: Develops a variety of motor skills
- Standard 2: Applies knowledge related to movement and fitness
- Standard 3: Develops social skills through movement

MATERIALS:

- Hula Hoops
- Beanbags/Scarves/Place Markers
- Kind-Tac-Toe Poster

OVERVIEW:

Play a tic-tac-toe game to practice giving compliments that recognize strengths in others.

1. Form teams of three versus three. Each student gets one place marker.
2. On "Go," the first learner from each team runs to the tic-tac-toe board. They place their marker in one of the hula hoops.
3. The learner runs back to their team and says a compliment to the next team member. (Encourage kids to think beyond appearance and give compliments such as: I think you are good at...)
4. The next learner then runs to place their marker in an open hoop. The goal is to get three markers in a row.
5. If all three markers are placed with no tic-tac-toe, the next learner will move one of their team's markers to an open hoop.
6. After the game, the winning team stays to play the next team.

KIND-TAC-TOE



Scan here for the full PE lesson plan!

BEFORE THE GAME:

The most important thing to know is that giving and receiving sincere compliments will inspire happiness while supporting others!

Explain to learners that we will play a version of “Mingle” to learn about compliments.

- When the music plays, move around. As you pass others, make eye contact, smile, and say, “hello.”
- When the music stops, find a partner. Greet each other by saying, “Hello [name]” and choose a greeting (high-five, elbow bump, fist bump, wave, smile, wink, head nod, or foot tap).
- One partner gives a compliment starting with “I like the way you _____,” or “I think you are really good at ____.” Avoid appearance-based compliments.
- The partner receiving the compliment looks at the person, smiles, and says, “Thank you.”
- When the music starts again, mingle and find a new partner to compliment. Repeat as time allows, then transition to the next section.

REFLECTION AFTER THE GAME:

Q: What makes a compliment sincere?

A: Sincere compliments are kind, honest, and true, not false.

Q: How do you give a compliment?

A: Look at the person, tell them something kind, honest, and true.

Q: How do you receive a compliment?

A: Look at the person. Smile and say, “Thank you.” You can always return a compliment!

MODIFICATIONS:

Older Learners

- Add in different locomotor movements when racing to the tic-tac-toe board to place a marker.

Sensory Modifications

- Encourage learners to move at their own pace, emphasizing team cooperation over competition.

Find more modifications at fit.sanfordhealth.org.

