

# FEELINGS CLOUD

**Education for Kids:** Feelings are like clouds! Sometimes they're happy sunshine clouds, and sometimes they're grumpy storm clouds. Just like clouds change shapes and move across the sky, our feelings can change too! You might feel sad in the morning, but after you play with your favorite toy, you might feel happy. Make your very own Feelings Cloud to remind yourself that all feelings are okay and change often!



## what you need:

- Yarn (black, white, and multiple colors)
- Cloud shape made from cardboard
- Popsicle stick
- Googly eyes
- Hot glue gun



## INSTRUCTIONS:

1. Cut out a cloud shape from cardboard.
2. Tape down one end of white yarn on the cardboard cloud.
3. Begin wrapping the yarn around cloud. Keep it tight and try to cover the entire cardboard cloud.
4. Once most of the cloud is covered with yarn, cut the yarn and tape the end down.
5. Select the different colors of yarn you would like to use for your rainbow.
6. Cut about 20-25 yarn pieces about 8-10 inches long.
7. Lay your yarn pieces out in the pattern you would like.
8. Attach the colored yarn to the craft stick by using a slipknot or tie method.
9. Once the craft stick is covered in yarn, use the hot glue gun to attach the craft stick to the bottom back side of the cloud.
10. Use the hot glue gun to attach googly eyes and yarn to make a face.

