



Terms, Conditions and Rules (the “Rules”) for the Sanford *fit* Contest (the “Promotion”).

This Promotion is governed by the laws of South Dakota, and all claims must be resolved in the federal or state courts located in Sioux Falls, South Dakota. You are not authorized to participate in the Promotion if you are not located within the United States. Any questions, comments or complaints regarding the promotion should be directed to the Sponsor Sanford.


NO PURCHASE NECESSARY. A PURCHASE WILL NOT INCREASE YOUR CHANCES OF WINNING. THIS PROMOTION IS OPEN ONLY TO NATURAL PERSONS WHO ARE LEGAL RESIDENTS OF THE UNITED STATES AND WHO ARE AT LEAST EIGHTEEN (18) YEARS OF AGE AT THE TIME OF ENTRY. ENTRY IN THIS PROMOTION CONSTITUTES ACCEPTANCE OF THE OFFICIAL CONTEST RULES. VOID WHERE PROHIBITED BY LAW. ALL PRIZES AWARDED STRICTLY IN ACCORDANCE WITH THE RULES.

1. **ELIGIBILITY:** The Promotion is open only to natural persons who are legal residents of the fifty United States and the District of Columbia and are 18 years of age or older as of July 1, 2022. The Promotion may only be entered from and in eligible jurisdictions. All employees of Sanford, and its respective subsidiaries and affiliates, and their immediate family members (spouses, parents, children, siblings, grandparents, and their respective spouses) and persons living in the same household of such individuals, are not eligible to participate in this Promotion. All applicable federal, state and local laws and regulations apply. Void where prohibited. By entering the Promotion, Participants agree to comply with and be bound by the Rules, which are final and binding in all respects. Failure to comply with the Rules may result in disqualification from the Promotion.

2. **PROMOTION PERIOD:** The Promotion runs July 1, 2022 at 12:01 a.m. through August 19, 2022 at 11:59 p.m. (the “Promotion Period”). Sponsor is the official time keeper for the Promotion.

3. **HOW TO ENTER THE CONTEST:** During the Promotion Period, persons may enter the contest by using social media accounts and/or email submissions. Each Contestant who enters the contest will be entered into a random drawing to receive the prize. Two prize packages may be awarded from the random drawing. Contestants may also enter the contest by emailing [fit@sanfordhealth.org](mailto:fit@sanfordhealth.org) and be eligible to receive the prize. Entries must be submitted by the last day of the event August 19, 2022 at 11:59 p.m. to be entered to win one of two prizes.

For purposes of the Rules, the word “Contestant” shall refer to the individual submitting an Entry. The word “Contestants” shall collectively refer to all individuals submitting Entries. Contestants are not permitted to submit more than one entry. Multiple Contestants are not permitted to share the same email account. Use of any automated system to participate is prohibited and will result in disqualification. In the event of a dispute as to any Entry, the authorized account holder of the email account used to enter will be deemed to be the Contestant. The potential winners may be required to show proof of being the authorized account holder. Proof of sending or submission will not be deemed to be proof of receipt by Sponsor. Released Parties (as defined below) are not responsible for lost, late, delayed, stolen, incomplete, invalid, unintelligible, illegible, damaged, corrupted or misdirected Entries, which will be disqualified.



4. WINNER DETERMINATION: At the completion of the Promotion Period, Contestants who entered the social media contest will be entered into a random drawing. Two Contestants will be selected in the random drawing and each will receive the prize: A prize box containing a Sanford *fit* bento box, food shape cutters, water bottle, exercise bands, activity cards, pop it, glitter wand key chain, zipper pouch, pencil, and yoga cards.

5. CONDITIONS: By participating, Contestant agrees to release and hold harmless Sponsor, and its subsidiaries, affiliates, and their representatives, agents, successors, assigns, employees, officers, trustees and directors (collectively, the "Released Parties"), from any and all liability for loss, harm, damage, injury, cost or expense whatsoever, including without limitation property damage, personal injury and/or death which may occur in connection with, preparation for, or participation in the Promotion, or possession, acceptance and/or use or misuse of prize or participation in any Promotion-related activity and for any claims based on publicity rights, defamation or invasion of privacy and merchandise delivery. Sponsor is not responsible if the Promotion cannot take place or if any prize cannot be awarded due to delays or interruptions due to acts of God, acts of war, natural disasters, pandemics, weather, or acts of terrorism.

Sponsor reserves the right in its sole discretion, to disqualify any individual who tampers with the entry process, and to cancel, terminate, modify or suspend the Promotion. Sponsor is not responsible for any error, interruption, deletion, defect, delay in operation or transmission; communications failure; loss, theft or destruction of Entries; unauthorized access to or alteration of Entries; any technical malfunction or problem with any telephone network or lines, computer or online systems, computer equipment or software; failure of any e-mail or Entry to be received by Sponsor (including due to technical problems or traffic congestion on the Internet or at any website); or any injury or damage to Contestant's or any person's computer related to or resulting from participation or uploading any materials in the Promotion.

Sponsor may prohibit a Contestant from participating in the Promotion or winning a prize if, in its sole discretion, it determines that the Contestant is attempting or likely to undermine the legitimate operation of the Promotion, including by cheating, hacking, deception, use of automated quick entry programs or other unfair playing practices, or intends or is likely to annoy, abuse, threaten, or harass any other Contestants or Sponsor's representatives.

6. USE OF DATA: Sponsor will be collecting personal data about Contestants online, in accordance with its privacy policy. Please review Sponsor's privacy policy at <http://www.sanfordhealth.org/privacy-statement>. By participating in the Promotion, Contestant hereby agrees to Sponsor's collection and usage of his or her personal information in accordance with Sponsor's privacy policy, and Contestant acknowledges that he or she has read and accepted Sponsor's privacy policy.

7. SPONSOR: Sanford, 801 Broadway North, Fargo, ND 58122.

