

SNACK BINGO



Are you looking for a fun way to teach kids about nutritious snack choices? If so, this printable BINGO game, created for toddlers and beyond, is for you!

BONUS- reference our 'Questions for Kids' page throughout the game to encourage engaging conversation around food and drink choices.



TIME TO PLAY

1. Download and print Snack BINGO. *Recommend printing on cardstock or laminating for durability!
2. Cut out the caller cards.
3. Find any small objects to use as markers. Buttons, pennies, or even pebbles will work!
4. Pass out the BINGO cards, shuffle the caller cards, set aside your "Questions for Kids" page for reference, and have fun!

SNACK BINGO

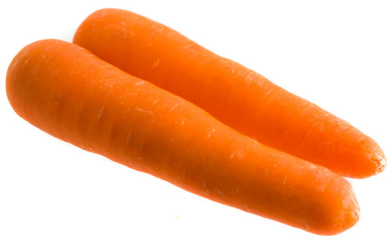


QUESTIONS FOR KIDS

Throughout the game, pause to ask kids a question from below. Create a safe space by reminding kids that there are no wrong answers and thank them for sharing!

- What are 2 of your favorite vegetables?
- What was the first food eaten in space?
 - A: Applesauce
- What is your favorite healthy snack?
- What is the only fruit with seeds on the outside?
 - A: Strawberries- every average sized strawberry has about 200 seeds on the outside.
- Did You Know: Blue and purple foods make your brain more powerful? What's your favorite blue or purple food?
- What are dried grapes called?
 - A: Raisins
- What's the difference between a snack and a treat?
 - A snack is a small amount of nutritious food that you eat between meals when you feel hungry.
 - A treat is a less nutritious food that does not fuel your body and brain as much.
- What are 2 of your favorite fruits?

BINGO



CARROTS



TRAIL MIX



PEPPER



APPLE



PICKLES



MILK



CHEESE

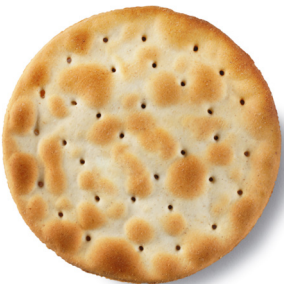


TOMATOES



MANGO

BINGO



CRACKER



BROCCOLI



CUCUMBERS



BANANAS



STRAWBERRIES



EGG



AVOCADO

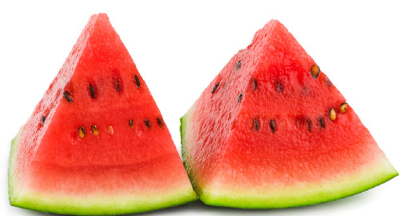


CANDY



KIWIS

BINGO



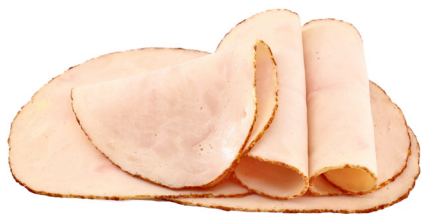
WATERMELON



LETTUCE



WATER



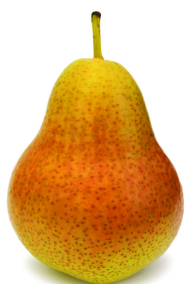
DELI MEAT



CHIPS



DONUTS



PEAR



ASPARAGUS



TRAIL MIX

BINGO



CUCUMBERS



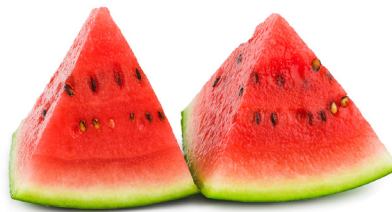
HUMMUS



GREEN BEANS



COOKIE



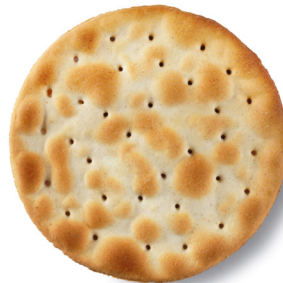
WATERMELON



CHEESE



PEACHES



CRACKER



ORANGES

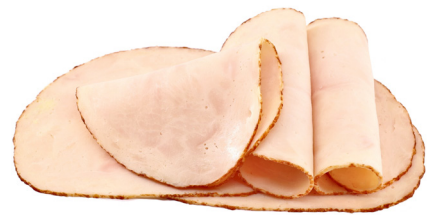
BINGO



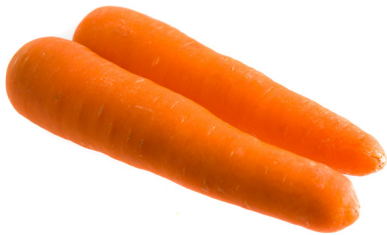
BROCCOLI



ORANGES



DELI MEAT



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CHEESE PUFFS



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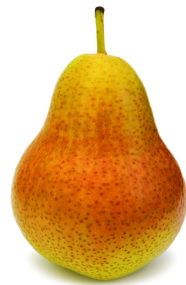


AVOCADO

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ICE CREAM



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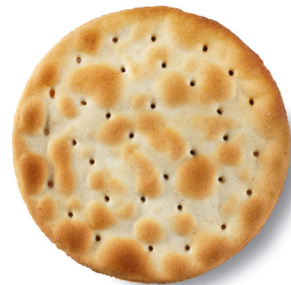
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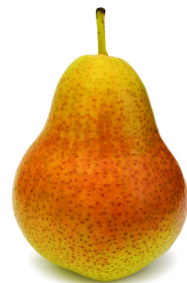
CRACKER



CANDY



ORANGES



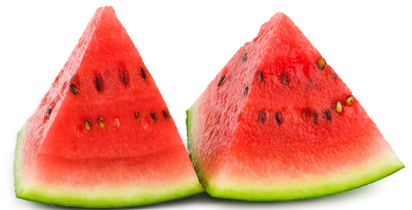
PEAR



BLACKBERRIES



ICE CREAM



WATERMELON

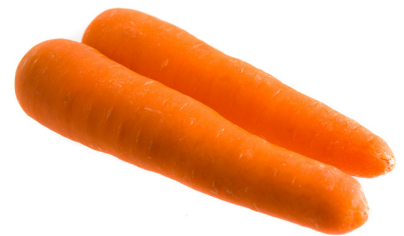
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WATER



CARROTS



HUMMUS



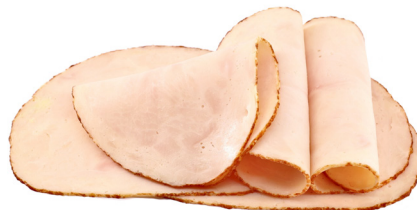
MILK



KIWIS



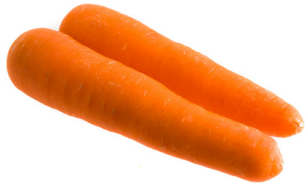
TRAIL MIX



DELI MEAT



PEACHES



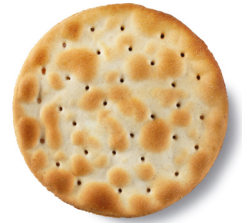
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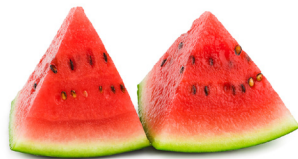
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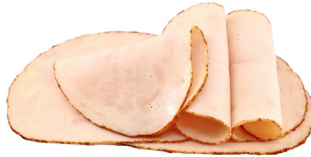
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