Energy Influences Choices



Show Your Energy!

What was your energy level at the end of the school day yesterday?



low



medium

fully recharged

Show Your Energy!

What was your energy level at home yesterday?



low



medium

fully recharged

Show Your Energy!

What is your energy level right now?



low



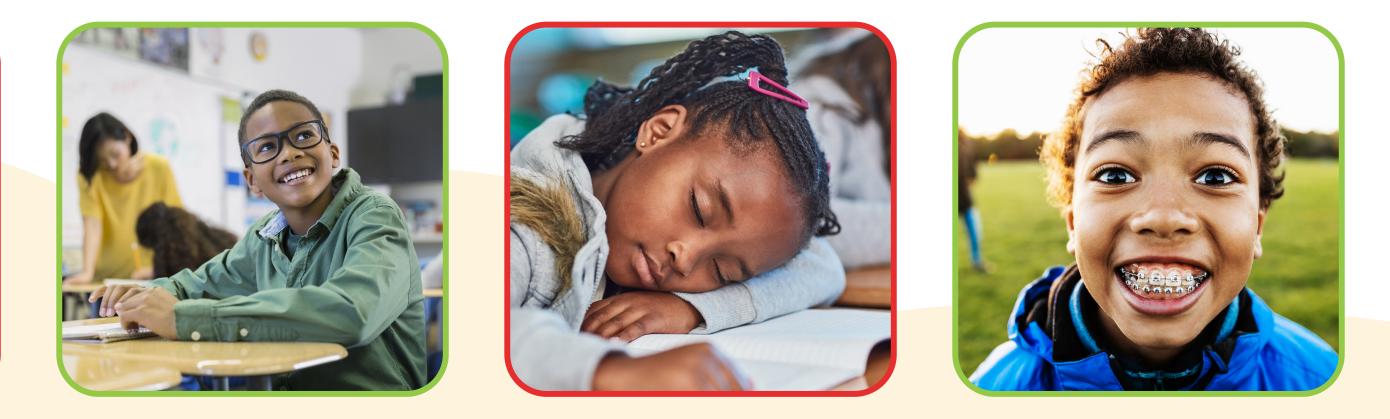
medium

fully recharged

Energy Influences Choices Your energy influences the choices you make each day.









YOUR _____ ____

INFLUENCES YOUR CHOICES.

Your Energy

How has your energy influenced your choices today?



